

babycenter How to do a lice comb-out

You'll need: Comb, metal lice comb, hair clips, bowl, strong reading glasses or magnifier, good light, and wet hair. Use regular comb to detangle before you begin.



Part your child's hair down the middle and clip up one half so it's out of the way.



On the loose side, pick up one small section of hair, about the width of vour lice comb. Start at the scalp to catch the nits (lice eggs).



Pull comb all the way through to ends of hair. Comb each section in multiple directions (up, down, left, right).



You may see lice on the comb after you pull it through the hair.



Flick the teeth of the comb into a bowl, dip it in a bowl of soapy water, or wipe it with a paper towel after each swipe.



Keep combing each section until the comb comes out clean (no lice). Twist the combed hair and clip it to the head.